

Candidate's Name:

Date of Course:

<u>Technical Skills</u>	PC	Performance issue and advice on action before re-assessment
Utilise contours and fine detail as the prime method of navigation.	1.1	
Accurately follow a route, judge distance, check progress against time, use relevant compass skills and maintain continuous map contact.	1.2	
Use back bearings and transits to confirm current position.	1.3	
Use aspect of slope as an aid to relocation.	1.4	
Have a robust method for accurately avoiding unexpected obstacles in poor visibility.	1.5	
Have good map to ground and ground to map visualisation.	1.6	

<u>Strategies</u>	PC	
Select appropriate techniques within an overall navigation strategy.	2.1	
Navigate in intricate terrain in reduced visibility i.e. mist or darkness.	2.2	
Select an appropriate, safe route in relation to height gain and loss, dangerous terrain and other major hazards.	2.3	
Assess the route ahead in the field in relation to prevailing conditions or changing circumstances (e.g. weather, time, daylight, ability/fitness) and re-plan the route appropriately if necessary.	2.4	
Shorten a route, use an escape route and know emergency procedures.	2.5	
Recognise the occurrence of a navigational error instantly and apply appropriate relocation techniques.	2.6	

<u>Planning Knowledge</u>	PC	
Plan and record an appropriate route in Gold terrain from the map, explain issues involved, and estimate the time for the whole route.	3.1	
Select appropriate clothing, equipment and first aid items for walking in complicated hill terrain in varied weather conditions.	3.2	
<u>Supporting Knowledge</u>	PC	
Understand the physical demands created by hill and moorland terrain in all weather conditions.	4.1	
Understand the effects of cold, heat, fatigue and discomfort on decision making and for execution of a selected route.	4.2	
Understand the implications of climate change on the outdoor environment and be knowledgeable in practical steps to mitigate its effects.	4.3	
Understand the pros and cons of appropriate electronic navigation devices.	4.4	
Demonstrate the use of electronic nav. devices in the context of Gold terrain.	4.5	
<u>General Advice</u>		