

Candidate:

Course Dates:

Provider:

[PC relates to the specific performance criteria in each learning outcome]

These questions are to be answered before attendance at the practical part of the course. They can be done orally within an instructor remote interaction. A 'Pass' is required in order to pass overall.

1. Write a list of suitable clothing, equipment, first aid kit and food / drink for walking in remote countryside in all conditions. **PC3.2** (16)

2. Explain some of the physical demands made when undertaking a day walk in Gold terrain, and how might weather conditions exacerbate these demands? **PC4.1** (6)

3. What are the symptoms of hyper and hypothermia and what might be their effects on decision making? **PC4.2** (6)

- 4a: What are 4 major effects of climate change on Gold terrain environment and list 4 examples of the impact of climate change weather effects that could affect navigation? **PC4.3** (8)

- 4b. What practical steps can you or the course provider take to ensure that your enjoyment of navigation is sustainable? **PC4.3** (4)

5. Provide 3 pros and 3 cons for using electronic navigation devices in Gold terrain. **PC4.5** (6)

Marking:

Paper pass mark: 23

Enter a ✓ for the candidate against the specific performance criterion in the course checklist if they get at least half of the marks for each question.