

# NNAS NEWSLETTER

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### **GOLD CONVERSION COURSE**

We are planning a further Gold Conversion course for the **5th September** (a change from the previous date!) in Settle, North Yorkshire. This is for experienced Bronze & Silver course directors wishing to deliver Gold Navigator Awards. Please note that we require a minimum of 4 bookings for this course to go ahead. Full refund will be given in the event that we do not reach the minimum bookings.

For further details and to book a place, please use the link below:

### **Gold Conversion course Settle**

*Here is a link to an article Nigel has written about some technical aspects of teaching navigation. An illuminating read! **PLANNING BACKWARDS***

### **OFFICE HOLIDAYS JULY**

The office will be closed on the 3rd, 4th, 10th & 11th of July.

All other days during those two weeks the office will be open between 11am and 4pm when Caroline will be happy to help you.



## The Great Ness Ride

Pete Hawkins, the NNAS' Chair, is about to embark on an epic ride for the charity *The Motor Neurone Disease Association*.

He's starting The Great Ness Ride <https://thegreatnessride.uk> in Durness (NW Scotland) on the 24th June, he's heading down to Dungeness in SE Kent, arriving on the 7th July. 1500km (900 miles)! En-route, he'll be visiting as many Nesses as he can find along the way.

Pete is riding solo for The Motor Neurone Disease Association. The ride website has his route, so if you're nearby when he's passing, come out and give him a wave!

All donations are gratefully received - MND is an incurable condition affecting around 5000 in the UK at any one time. 6 people a day are diagnosed with the disease. Just Giving links are on the website.

